WORKSHEET **Your Turn to Answer**

Write a Glad, Story and Toast answer for each piece of news. Then plan one piece of your own good news to share this week.

1. Your kid: “I lost my first tooth at lunch!”

Glad: _____

Story: _____

Toast: _____

2. Your sister: “We’re adopting a dog!”

Glad: _____

Story: _____

Toast: _____

3. Your partner or roommate: “I finally finished the bathroom tile.”

Glad: _____

Story: _____

Toast: _____

4. A coworker or friend: “My daughter made the varsity team.”

Glad: _____

Story: _____

Toast: _____

My own good news this week, big or tiny: _____

Who I’ll tell first (in person, by text or on a set call): _____

The answer I fall back on most (Pass the Salt, Fine Print, Leave the Table): _____

☐ I put down what was in my hands for someone’s good news.
☐ I asked one Story question this week.
☐ I shared one small win of my own, out loud, by text or on paper.

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